

# clarke college COURIER

September 25, 2009

dubuque, iowa

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## Clarke takes steps against H1N1

samm mammoser  
staff writer

Clarke is taking steps to ward off the swine flu (H1N1) whether it means refusing to shake hands on the volleyball court or suspending serving the Eucharist in the form of consecrated wine.

So far there have been no confirmed cases of swine flu on the Clarke campus, but campuses throughout the United States have reported confirmed cases. The Universities of Illinois-Champaign Urbana, Iowa, Wisconsin-Madison, Dayton, Marquette University, Saint Louis University, and Washington State University all have reported confirmed cases of swine flu.

At the University of Illinois and at Saint Ambrose University, students with the swine flu are immediately sent home, while at Northern Iowa University, University of Iowa, and University of Wisconsin-Madison, students are quarantined in their dorms if they cannot or do not want to go home.

Like Clarke, the other schools are working to prevent the spread of swine flu by sending informational emails, placing hand sanitizers throughout campuses, and quarantining ill students.

"We have been lucky so far at Clarke because there have not been any cases, but we are prepared if there is a breakout," said Julie Bergmeier, director of Health Services.

There are hand sanitizers throughout the Clarke campus. In the chapel, those distributing communion are sanitizing their hands before and after giving out Communion. The chapel has suspended receiving the Eucharist in the form of the consecrated wine.

At Loras College, Communion both in bread and wine is given out and hand sanitizer is not used. The Archdiocese of Dubuque has not

given out any instructions about changing procedures during services.

"At this point, I don't anticipate any further changes in our procedures," said Amy Golm, director of Campus Ministry. "Certainly, if an epidemic really happens we will follow the recommendations of the appropriate authorities as passed on to us from Clarke's Health Services."

Clarke's athletic teams are taking many precautions because of the swine flu scare. All teams are required to carry surgical masks and to-go thermometers in their medical kits. The volleyball team no longer shakes the hands of the opposing team at the net before and after matches.

"We are simply passing by each other at the net wishing each other good luck before the match, and congratulating each other after the match," said Coach Chris Miron.

If there is an epidemic at Clarke, the nursing department plans to use the second floor of Mary Jo Hall as a self-isolation area. If you live within a 100-mile radius, though, you will be sent home to recuperate.

Students in self-isolation will have a buddy

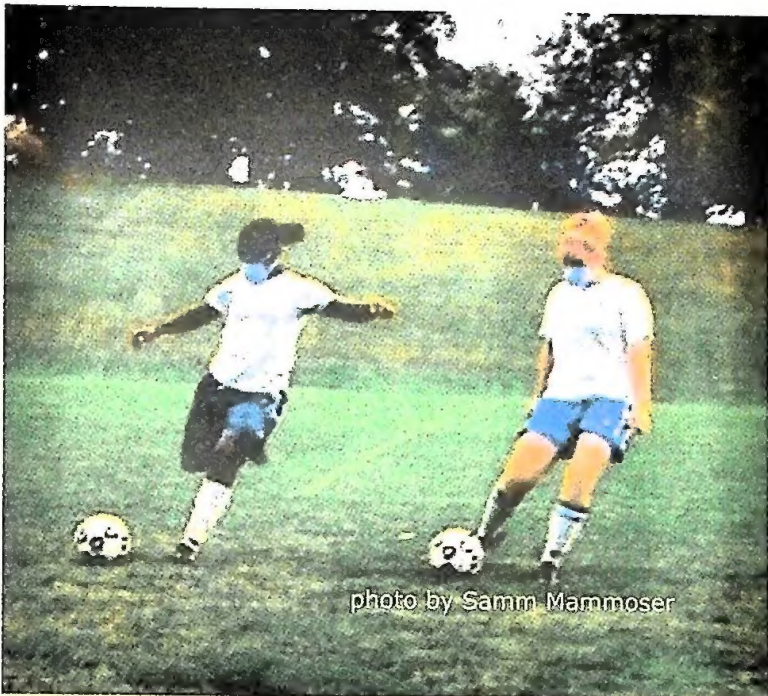


photo by Samm Mammoser

who retrieves food for them everyday. The nurses will not be with the ill 24 hours a day, but will check on them periodically.

There will be no flu testing at Clarke because the city of Dubuque is only testing three to five people a week.

Cleaning schedules have changed to allow for more frequent cleaning and they are now using a hospital grade disinfectant. To stay healthy and beat all illnesses take vitamin D. Fatty fish, such as salmon, tuna, and eggs, contain vitamin D. Also cereal and milk contain vitamin D. If you have signs of the flu go to health services.

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### campus life



Are plastic cups an endangered species in the SAC?

### arts etc.



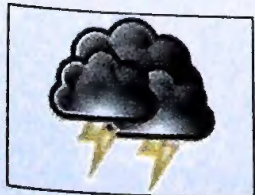
A Stephen King book for would-be writers

### sports



Cheerleading returns to Clarke

### weather



Scattered thunderstorms

## New residence for president

tina fry  
campus life editor

One of the first experiences that incoming freshmen have at Clarke is the dinner with Clarke President Joanne M. Burrows, SC. That is the night they visit her home with their Cornerstone classes and partake in a lovely dinner while Burrows answers their questions about the college, even writing down suggested improvements.

Most students can recall the warm and friendly ambience at the Burrows residence, and how Sister Joanne welcomed them to the college. But now, thanks to a very charitable contribution from Charles Stoltz in memory of his late wife, Jean Wahlert Stoltz (1963 Clarke graduate), that experience may be a little different.

The gift: real estate and furnishings valued at over \$1 million to be used as the new President's House. A few "perks" of the house are that it is closer to the campus (Links Glen subdivision of Dubuque), is much larger than the old residence, and even comes equipped with an elevator.

"The home will provide a beautiful space to entertain alumni, donors and friends of the college," said Burrows. "It is a fitting tribute to Jean, who so loved Clarke College and the experience she had here."

Charles Stoltz said, "Jean could have attended college anywhere, but selected Clarke and greatly enjoyed her experience there. Her connection to the mis-

sion of Clarke makes this gift very special."

While Burrows won't be moving into the new house until the spring, the campus is anxiously waiting to see how the new residence will benefit Clarke and its students. The only thing for certain is that next year's Cornerstone students will have a slightly different setting for their welcome to Clarke, but the same warmth will remain.



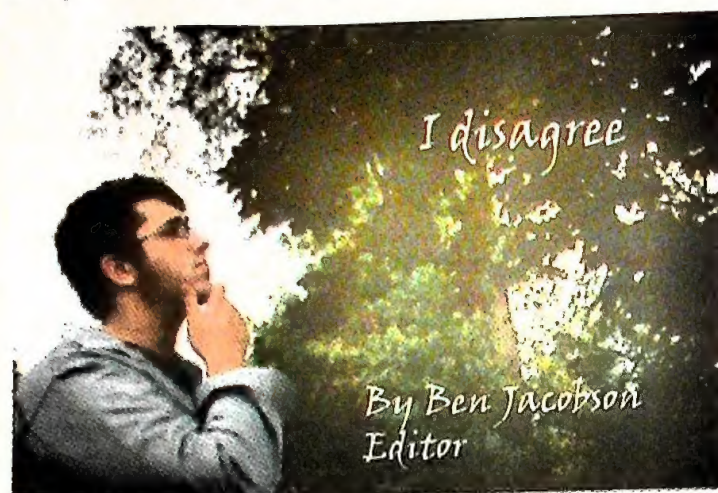
### Jean Wahlert Stoltz

Jean Wahlert Stoltz: April 3, 1941 - January 14, 2009, 1963. Graduate of Clarke College, received a BA in psychology, spent six months of 1962 in Vienna as part of Clarke's study abroad program.

Jean was an off-campus student while she attended school here. She married Charles F. Stoltz in 1964 and had four children (Jennifer, Michael, John and Charles). She enjoyed needlework and was a member of the Catholic Mothers' Club, Sunshine Circle of Finley Hospital, the Seniors Board of the Visiting Nurses Association and the School Board at St. Columbkille's School. She also volunteered at all of her children's schools and was particularly fond of working in the school library.



September 25, 2009



**What do Michael Jackson, Health Care Reform and the Chicago Bears have in common?**

I spent a lot of time debating what I would write this column on. After all, this is the start of a new semester and I needed something appropriate to reflect all the new opportunities of the beginning of an academic year, such as death by swine flu. I considered health care reform, as that has

been such a polarizing topic this summer, but then I remembered that I didn't know anything about health care reform. I considered writing on celebrity deaths as famous people have been dropping like zombies in a George Romero movie these past few months, but Micheal Jackson creeps me out as much dead as he did when he was alive. Then I thought about writing about football season, but watching both Iowa State and the Bears lose in a single weekend depressed me a bit too much. So, with no one

good topic to write about, I'll write about all three of the above.

First up is health care. As I said earlier, I know nothing about health care reform, so I decided to do something that no Courier writer has ever done before: research. After some Googling and talking to health care experts such as my grandma, and the guy who brought me my sandwich at Ground Round, I've concluded the following. Republicans believe that Barack Obama's reform is bad and Democrats believe it is good. Truly shocking. Republicans fear that a public option, which would essentially have the government acting as your insurance provider, for those who can't afford private insurance would eventually lead to a socialized health care similar to those in Canada and Great Britain, where a patient can spend up to three years on a waiting list for simple procedures, such as a band-aid application to an owie. Democrats fear that the Republicans might be right, but still think they need to shut up on account

of they (the Republicans) are stupid faces. So we've got the Republicans screaming at politicians in town hall meetings and driving off in pick-up trucks and Democrats running around calling everybody racist and driving off in Priuses. Next we have celebrity deaths. A short list of celebrities that won't make it to 2010 are Farrah Fawcett, Ed McMahon, Billy Mays, Micheal Jackson, Patrick Swayze, Ted Kennedy, John Hughes and Gidget, the Taco Bell dog. This is rather alarming to regular folks like you and me because until she died, I had no idea the Taco Bell dog was a female. Yes, you read correctly. The Taco Bell dog, who inspired millions of Chihuahuas to climb out of their owner's purses and order tacos in Spanish, was a girl. I can hear many of you now screaming, "BUT THE TACO BELL DOG CAN'T BE A GIRL!!! HE HAD SUCH A DEEP VOICE!!" To which I say, be quiet, I'm trying to write. But, believe it or not, the voice you remember hearing from the Taco Bell dog, wasn't even her

real voice. The Taco Bell dog was voiced by Carlos Alazroqui, best known for his role as Garcia on "Reno 911." Oh yeah, and it was kind of sad when all the other celebrities died. I guess. Finally, we come to football season. Football, and I am of course referring to American Football (real football), not soccer (called "football" in places that do not quite grasp the English language, such as England), is loved by most Americans, and even some Democrats. The allure of football is simple: it is a chance to watch grown men mutilate themselves for our enjoyment while we, the fans, show our appreciation by drinking lots of beer. Football players, in addition to being great to watch on the field, can be good role models. Take Michael Vick. He can show young people how to hold their heads up high in the face of adversity, how to overcome obstacles that would defeat most men, and how to file Sparky's teeth down to where they're sharp enough to achieve evisceration.

## History students debate strip search constitutionality

kylee miller

assistant editor

A Constitutional debate hosted by the Clarke history department could make the difference in whether or not Clarke receives federal funding for the next year. This funding includes student aid and work-study. In September 2004, Congress passed a bill that approved federal funding for the Department of Education.

One of the provisions for the bill was that all colleges and universities that received federal funding across the country are required to provide an educational program on the U.S. Constitution to their currently enrolled students on Sept. 17 of each year. Sept. 17 is the anniversary of the Constitution's original signing in 1787.

Clarke students satisfied this provision by hosting a Constitutional debate in the SAC. The debate was a re-enactment of the case *Safford Unified School District v. Redding*, which was heard before the United States Supreme Court earlier this year.

Students from the History Capstone and History Research classes took sides on the issue of whether a middle school principle had the right to order a strip search of a 13-year-old female student. Was about this search was unreasonable

under the 4 amendment which outlaws for unlawful searches and seizures of property.

There was a range of enthusiasm among the participating students. Some dressed in jackets and ties, while others memorized their rather lengthy lines. Freshmen stood toe to toe with seniors over the question of constitutionality.

The overall response seemed over whelming. "It is unreasonable to strip search a 13-year-old who is suspected of carrying ibuprofen," said education major Kristopher Miller. The Supreme Court agreed and ruled that the search was illegal, but the principal was not to blame due to the unclarity of the laws.

"I think I would just talk to the student who was suspected of carrying contraband," said Dominick Cinefro, an education major. "If it's something like a minor pain killer, I would not perform a strip search. I would give up my job on the spot if I didn't believe in it."

The future history teachers from Clarke will need to remember their words when they move into the school systems that are concerned with gun and drug control, but until then, they have satisfied Clarke's requirement to receive federal funding for the next school year.

### From the Editors...

Ben Jacobson and Kylee Miller

The Courier is a student-produced newspaper for the Clarke community. Our paper is your paper, so please, if you have any suggestions or opinions, let us know. We would love to hear from you. Send your letters to the editor to [benjamin.jacobson@clarke.edu](mailto:benjamin.jacobson@clarke.edu) or [kylee.miller@clarke.edu](mailto:kylee.miller@clarke.edu)



clarke courier

## clarke college COURIER

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September 25, 2009  
500 pages:

**brenden west**  
arts etc. editor  
There has been a mixed reaction among students and faculty at Clarke as to whether the new "green" celebration and faculty at "Reno 911." Oh yeah, and it was kind of sad when all the other celebrities died. I guess. Finally, we come to football season. Football, and I am of course referring to American Football (real football), not soccer (called "football" in places that do not quite grasp the English language, such as England), is loved by most Americans, and even some Democrats. The allure of football is simple: it is a chance to watch grown men mutilate themselves for our enjoyment while we, the fans, show our appreciation by drinking lots of beer. Football players, in addition to being great to watch on the field, can be good role models. Take Michael Vick. He can show young people how to hold their heads up high in the face of adversity, how to overcome obstacles that would defeat most men, and how to file Sparky's teeth down to where they're sharp enough to achieve evisceration.

So is it time for panic mode? Not quite yet. Clarke has an answer for Jessica and other students like her. Meet Karen Gerhard, Director of Information Technology at Clarke. "What we're looking to achieve is to get students to look at how much paper is being used," said Gerhard, a 1979 Clarke graduate. Over the summer Gerhard talked to people

**Tom Riley 'c**

samm mammoser  
staff writer

"When two things connect neither is lost in itself, when two things connect they are bound such that their identity changes without being a keynote Convocation speaker Tom Riley, Clarke professor.

On Wednesday, September 2 the annual Convocation took place in Terence Donaghoe. Freshman welcomed the class of 2013 to Clarke. Riley talked about the importance of connection during college. "What emerges from the connection you make here is a thing that can literally be like that has ever emerged, at Clarke or anywhere else."

He highlighted the idea that these connections are connected - really connected - more than each single person. "Sometimes, when something happens. The individual items become a greater whole such that the whole is a new thing," Riley said.

He talked about a connection he made at college. Riley explained even though he was an introvert, making the connection with

**Clarke welco**  
lacey reynolds  
staff writer

Clarke has a reputation of being a place where people to the college because of its "small town" feel. This was no different when Clarke started. Jill Pecoraro, Clarke's new resident director, to the campus.

Pecoraro thought she might be in for a surprise when she interviewed with Stephanie, assistant director of the Mary Beth Clark Center for the Arts. "I love working at Clarke," Pecoraro said. "I have always loved the part of the Clarke family."

Pecoraro took over Summer Session. She's in position as the new resident director. She's also a resident in the Clarke Center for the Arts. She's also a resident in the Clarke Center for the Arts. She's also a resident in the Clarke Center for the Arts.



September 25, 2009

## 500 pages: the scoop on Clarke's printing policy

brenden west  
arts etc. editor

There has been a mixed reaction among students and faculty at Clarke as to whether the new 500 page printing limit is a cause for great "go-green" celebration or another reason to push the academic panic button.

"I applaud the move," said Clarke admissions counselor, Paul Gavin. "It makes me conscious of waste and has changed my habits." Other Crusaders, such as sophomore nursing major Jessica Mormann, don't share Gavin's enthusiasm. "Lots of people get ripped off because they forget to log off," she said. "And some classes require you to print off all the readings online. You go through half your limit just from that."

So is it time for panic mode? Not quite yet. Clarke has an answer for Jessica and other students like her. Meet Karen Gerhard, Director of Information Technology at Clarke.

"What we're looking to achieve is to get students to look at how much paper is being used," said Gerhard, a 1979 Clarke graduate. Over the summer Gerhard talked to people

at other schools in Iowa, asking them about their printing policies. The decision to limit the students to 500 pages was reached at the end of last spring. "Of the numbers that we looked at, 500 was at the higher end."

For those who believe this is a money saving move, according to Gerhard, that's not necessarily the case. She predicts that the amount of paper consumption will even out to about the same as before.



photo by Brenden West

Senior Corey Billingsley works toward his 500-page limit.

In fact, if every student were to use up his or her 500 pages, Gerhard said the college probably won't save money.

"What we hope to achieve is awareness of what we're printing," said Gerhard. "I've talked to faculty and staff and have heard stories about 100-page articles that went straight to the recycling bin last year. Over the summer we worked to highlight and enforce printing habits to get people in the idea of saving paper."

Gerhard went on to mention that this is not a policy meant to punish the student body.

But many students are under the impression that it is. "There are some professors that require students to print out multi-page readings to bring into class, which seriously cuts into our printing quota," said Elaine Hart a junior elementary ed. major. "Other professors will not allow students to print papers double-sided. We're ultimately penalized for taking these classes when we run out of pages before the end of the semester."

This view is also shared by junior studio arts major Will Kelly. "If the school is going to impose restrictions on how much paper students can use," said Will, "then they must also impose restrictions on professors as to how much paper usage they can demand of students. The system will not be fair and effective if students are the only ones being penalized."

Gerhard said, "We have asked teachers to align assignments to lower paper consumption. It may take a while for everyone to come up to speed. I think we need to work together."

For students like Will, Jessica, Elaine, and the hundreds of others who may see the glass as half empty, here are some tips that Gerhard thinks may ease the transition to this new process:

Gerhard would also like to make herself personally available to anyone who has questions or concerns. "I appreciate feedback,"

she said. "I'm always working to make things better and address items of concern."

To help work with Karen Gerhard to make Clarke a greener place, email her at Karen.Gerhard@Clarke.edu.

However, if you're like Paul Gavin, there's no need to worry. "I've had practice," said the 62-year-old staff member. "My first computer had an eraser on one end."

### Making the most of your 500 sheets

1. Be sure to log off when you're done with your computer session. There really isn't anything Clarke can do for students who leave the computer and come back to find their account 100 pages lower. It's an easy way to not be a victim.

2. Duplex printing- this means use both sides of the paper. Students can kill two birds with one stone by cutting the amount of paper consumption while still printing off assignments at half the cost.

3. If you need to print off Powerpoints, try using six slides per page to reduce the number of pages you need to print. More slides per page means less paper. And, if you should run out of sheets...

"Students can purchase more pages in the Student Accounts office," said Gerhard. "For \$5 you can add 100 pages to your print account."

That equals out to just 5 cents per sheet!

## Tom Riley 'connects' with the Convocation crowd

samm mammoser  
staff writer

"When two things connect neither is lost in the other. Instead, when two things connect they are bound together such that their identity changes without being lost," said keynote Convocation speaker Tom Riley, Clarke philosophy professor.

On Wednesday, September 2 the annual Convocation ceremony took place in Terence Donaghe. Faculty and upperclassmen welcomed the class of 2013 to Clarke.

Riley talked about the importance of connecting with others during college. "What emerges from the connections you make here is a thing that can literally be like no other that has ever emerged, at Clarke or anywhere else."

He highlighted the idea that these connections were greater than each single person. "Sometimes, when two or more things are connected - really connected - something very interesting happens. The individual items become parts of some greater whole such that the whole is a thing of its own ... it has its own unique properties and an existence of its own," Riley said.

He talked about a connection he made at college with his good friend, David. Riley explained even though he himself was an introvert, making the connection with David was

worth it. "When we risked making a connection all those years ago, a relationship that is greater than the sum of two began to emerge," he said.

Throughout his speech, Riley emphasized the importance of the connections we make in college. He ended by talking about the tassels the class of 2013 were about to receive and the connections to be made in the future.

"Our hope for you is this: that on your graduation day - when the dean says 'Ladies and gentlemen, I am proud to present the Clarke College class of 2013' and you are instructed to move that tassel from one side of your mortarboard to the other - on that day we want you to be able to look back on what has emerged in the connections you have forged and say honestly to yourself, 'ooooo ... I really got all of that one,'" Riley concluded.

Freshman Jordi Schwitzer said, "I felt welcomed by the staff and learned more about what it means to be a Clarke Crusader and now I feel officially a part of the Clarke College community."

Following Riley's speech the student class president's spoke to the class of 2013. Ryan Burras spoke for the class of 2010 about importance of being involved and connecting with others during your time at Clarke. "As the

year progresses, another way to make connections with your classmates is to get involved with some of the great on-campus organizations and activities, whether it be sports, intramurals, band, choir, student government, or other great opportunities," Ryan said.

Angie Miceli spoke for the class of 2011 about the connections she has made at Clarke in her two years here. She spoke about a "Huck Finn" panel discussion her cornerstone class had to present her freshman year and the connections formed during that class. "However, those connections are forming whether you know it or not. And those connections will also be present far beyond the classroom. One of the great things about Clarke is the possibility to be involved," Angie said.

Gage Steenhagen, the representative of the class of 2012, spoke about the theme of connecting and the importance of it in the college experience. "This year's theme has been 'connect.' I cannot think of a better way to begin your first year of college. After a year if there is one thing I have learned, it is the importance of making connections," Gage said.

## Clarke welcomes Jill Pecoraro as new RD

lacey reynolds  
staff writer

Clarke has a reputation of bringing people to the college because of its "small town feel." This was no different when Clarke attracted Jill Pecoraro, Clarke's new resident director, to the campus.

Pecoraro thought she might like the Clarke atmosphere on her first interview with Stephanie Hildbrand, assistant director of Residence Life. "I love working here. From day one, I have always felt like a part of the Clarke family," she said.

Pecoraro took over Summer Zwanziger-Elsinger's position as the Mary Ben and apartments resident director. Zwanziger-Elsinger left Clarke to pursue college teaching in Illinois.

As resident director, Pecoraro's tasks vary a lot in a day, yet she tries

to keep structure in her schedule by keeping regular office hours. Throughout a day, Pecoraro works



photo by Sara Prier

Students have been welcoming Jill to Clarke

on hall counsel, answers e-mails, meets with students to discuss residence issues, preps for RA

(resident assistants) meetings and meets with the RA's throughout the week. While this is a busy schedule for Pecoraro, her biggest priority is to be available for students first and foremost.

Her biggest goal as resident director is to get residents actively engaged in residence life so residents want to stay on campus. She hopes to help students see Clarke and Dubuque as their home, and she does so by attempting to connect with the students to make them feel like the Clarke community is another family.

"As resident director, I am not here to police, but to help engage students and serve as an ear or voice for the student,"

said Pecoraro. "My number one priority is the students, and I am never too busy for them."

Before working at Clarke, Pecoraro was in Cleveland, Ohio finishing a master's degree in higher education and student personnel at Kent State University. She majored in communication at Ohio State University. Before coming to Clarke, Pecoraro worked in the civic engagement office at Case Western Reserve University in Cleveland, but it was a summer internship as a live-on coordinator which led her to consider residence life work.

Pecoraro also advises RAGE, Residents About Giving Everything, an organization at Clarke that is working to help keep residence life current. RAGE works to create events for students

at Clarke, such as a room decorating contest and other resident related events.

She loves to go to film festivals and to spend the day driving around new places. Among her favorite is the Roger Ebert Overlooked Films festival in Champagne, Ill. At this festival, movies are shown that critic Roger Ebert believes are underrated.

"I love being able to see and appreciate films that haven't been given a lot of attention," Pecoraro said.

She also loves to take day trips to towns and cities she hasn't visited yet. She especially likes to tour other college campuses, as she did on her most recent trip to the University of Iowa.



September 25, 2009

## Drunk driving simulation hits home for Clarke students

lacey reynolds  
contributor

You may have noticed a strange silver car parked in front of the Clarke College Atrium on Wednesday, Sept. 16. And, depending on when you walked by, you may have even seen "It's hard. The steering wheel is really jerky"

Don't worry; Burrows does not normally drive this recklessly (or so we hope). She was the guest celebrity at the Drunk Driving Event sponsored by CSA and Student Life. The car she was driving was brought here by P.E.E.R.S. Professionals Encouraging Educational Reform Statewide, and, fortunately it was stationary.

The P.E.E.R.S. facilitator, Candice Soltys, explained the simulation procedure. The computer can make a person as sober as a drunk as the person wants to be for the simulation. The facilitator simply selects the number of drinks you consume in an hour, your age, and your gender and the computer adjusts the car accordingly. One drink is considered to be one ounce of liquor, five ounces of wine, or 12 ounces of beer.

"For females, we usually use four drinks in an hour," Soltys said. "For males, we use five drinks because we figure that, on average, they drivers are instructed to put a pair of goggles on their head and to use the gas pedal, brake pedal, and steering wheel just like they would when driving any other car. When the drivers look through the goggles, they see a virtual view of a road. There are a variety of scenes, such as country roads, residential areas, construction zones, business districts, and many others."

Senior business finance major Ian Lisak decided to try his luck at driving the car with six drinks in his system. His blood alcohol level was at .10. As the simulation began, Lisak discovered he was given quite the challenge when the goggles presented him with a construction zone. A construction worker in a red truck unexpectedly backed out in front of Lisak, and, despite his efforts to stop the car, Lisak crashed into the truck. Although the accident was caused by the construction worker, in real life, Lisak would have received a hefty fine, a DUI, and a night in jail for his decision to drive drunk.

"It's hard," Lisak said. "The steering wheel is really jerky."

Soltys explained that because the vehicle is not turned on, the power steering is also not turned on so the wheel does seem a bit stiffer than usual. However, the steering wheel is set up to be very sensitive to simulate drivers misjudging their control of the vehicle. Soltys also said that the brakes have

believes she impacts a lot of young people. She does her best to drive home the "Don't drink and drive" message to everyone who sees, but says it isn't always that easy.

"It's hard because it's on the student to take it personally," said Soltys. "It usually makes a bigger impact on high school students, especially on those that don't have their licenses yet. If they take it seriously, they will benefit from it."

Kathleen McDonough, a junior biology major and president of CSA, demonstrated her seriousness toward the subject by taking her turn at the wheel as a Clarke celebrity. McDonough's journey ended quickly as she ran into an imaginary pedestrian on the wrong side of the road.

"It's so weird," McDonough said after getting out of the car. "You have no control and every adjustment was over-exaggerated. Even getting started was difficult."

Despite McDonough's own tragic experience in the simulation vehicle, she does believe that this experience benefits those who try it. "I think it's helpful because I think people think it's so easy," she said. "People think they are such good drivers and drive just fine after a few drinks, but it shows you that you really can't."



photo by lacey reynolds

Kathleen McDonough has trouble while driving under the illusion of intoxication

a delayed reaction to simulate an impaired person's delayed reactions in real life.

Soltys enjoys working for P.E.E.R.S. and

## CUPPS: going green one cup at a time

Kylee Miller  
assistant editor

In an effort to promote sustainability on campus, four Clarke organizations have banded together to create CUPPS. CUPPS standing for "Cannot Use Paper Plastic or Styrofoam." The new reusable plastic mugs are an alternative for the rarely recycled plastic cups in the SAC.

"The CUPPS are free to all freshman because we're trying to create a culture of sustainability," said Steve Dyer, director of Student Life. "I had one in college and I've kept it for 13 years."

CUPPS can be purchased in the SAC for \$2 for all upperclassmen and work the same as the plastic cups in the SAC. If you have a meal plan and buy a meal, you can use the cup for the rest of the day for free refills. It

will be as if you held on to a plastic cup for the entire day. If you choose not to purchase a CUPPS mug, plastic cups will continue to be available in the SAC.

"You do have to pay every day," said Dyer. "But the workers in the Crusader Café are really good about knowing whose been in and paid that day."

The CUPPS program has been very successful according to Dyer. More than half of the 500 mugs originally purchased have already been sold. But there are some health concerns. Companies such as the Disney Cruise Line were forced to give up their version of their reusable plastic mugs in 2006 because they were believed to spread the flu.

But Dyer is unconcerned.

"You don't put the lip of the mug on the fountain," said Dyer. "Hopefully people are old enough to regularly wash their CUPPS, but its no different then shaking hands or picking up a plastic cup. You just take the same steps you normally would to stay healthy."

CLEAN secretary Lynsey Christensen, who designed the leafy green logo, said, "Using CUPPS actually saves us all money too. It costs 13 cents per plastic cup in the SAC. That really adds up if most people use two cups every day."

According to Christensen small steps like using CUPPS or water bottles help bring awareness about reusing things, which ben-

efits not only the environment but students as well. Reusing a thick plastic water bottle means students do not have to continue buying new bottles and tap water is free for anyone.

CLEAN, CSA, CREATE, and Student Life will continue to strive for a culture of sustainability on campus throughout the year. "We're opening people's eyes as to how easy it is to be green," said Christensen. "With new projects like the blue recycling bins, an Energy Audit, and limiting the number of pages people have to print will help promote environmental awareness on campus."

## Art prof Zygmunt serves up a charitable brew

heidi rhinehart  
staff editor

If you come up to Eliza Kelly 306, there's a good chance you'll see Clarke's very own art history professor and barista Bryan Zygmunt making a latte to order for one of the students up in his office. Dr. Bryan, as students affectionately call him, has started up Clarke's very own coffee shop in Eliza Kelly called "Caffeine by Clarke."

This coffee shop is different than any other coffee shop you may have visited however. The prices are what make this coffee shop stand apart from the rest: The cost of the drink is whatever the students can afford. That's because the money made by this coffee shop goes to Maria House in Dubuque. Zygmunt chose Maria House, a shelter for homeless women, because he wanted the money to go to a local charity.

"Caffeine by Clarke" was inspired



Art professor Bryan Zygmunt plays barista his office coffee shop.

by an idea Zygmunt had while teaching in grad school. "I came up with this idea for each of my students to donate a dime each time we had class," Zygmunt said.

"That money would be donated to a charity. I figured that with each of my students donating 20 cents a week, we could raise a good amount of money and make a dif-

ference in someone's life."

This dedication to helping other people was instilled in Zygmunt at an early age. "My mom taught us that we are all responsible for taking care of each other, that we are all part of a community together," Zygmunt said. "By having this coffee shop at Clarke and donating the money to a local charity, I want to show the students that their little bit matters. There will always be people who can donate big amounts, but your little bit helps."

Since last semester, Zygmunt has raised \$89 for Maria House. He's continuing to raise the money for Maria House this semester. Zygmunt has also contacted his friends on Facebook, asking for donations to his cause. He's received many contributions in the mail from his friends and hopes to continue.

Pete Dudek, senior English and communication major, frequents the coffee shop a couple times a

week. "It's nice knowing I'm helping out a charity and I also enjoy good coffee and good conversation. Fifty cents to a dollar is a lot of money to spend on a good cup of coffee," Dudek says.

At the end of the day, though, the amount of money that is raised doesn't matter to Zygmunt.

"I know that as a past college student, asking for a dollar is a lot of money," Zygmunt said. "At the same time, we could be a lot worse off then we are. We have food, shelter, clothing. Let's help someone else who's not as well off as us. I hope that with this project, we can seed something in students that lasts forever."

To find out more about "Caffeine by Clarke", visit the Facebook page or stop by Dr. Bryan's office in 306 Eliza Kelly.



September 25, 2009

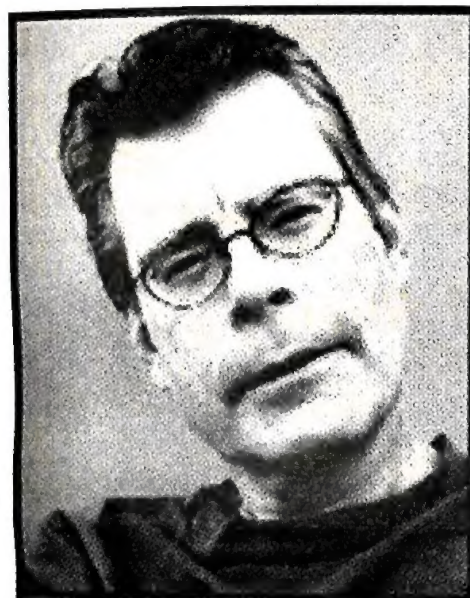
## The King Does it Again

A book review  
for "On Writing"

brenden west  
arts etc. editor

A blurb on the back of my copy of "Stephen King: On Writing" reads "Will empower and entertain everyone who reads it..." That's a bold statement but it sold me and I purchased the book for \$7.99 at Kennedy Mall's Borders one Saturday. That Tuesday I finished the 300 pager and took a long deep breath, probably because it had me so wrapped up, I didn't think to breathe.

In case you were asking, yes, I do feel empowered. For anyone aspiring to write, as I am, I'm willing to say that this is a book you need to add to your repertoire immediately. King reads over 80 novels a year and has published over 40. He knows his stuff, but more importantly he's able to translate how his mind works and what how he writes just as fluently as any of his best-selling novels.



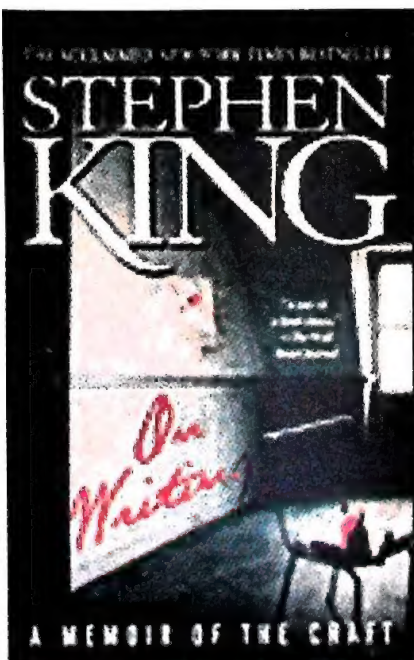
If you're asking if I was entertained, absolutely! From cover to cover. With "On Writing," the King divulges the secrets (none of them really are), the tricks, and hammers home his main point: writing comes from within. And he does it while painting a picture so vivid that you can't wait to finish and begin cranking out novels left and right.

The book is divided into three parts: "C.V." (curriculum vitae), "On Writing," and "On Living." In *Curriculum Vitae* (which in Latin translates to "course of life"), King takes us on a journey from his earliest memories as a child through his struggles as a young growing writer, to the triumph of publishing his first book "Carrie" in 1976. "This is my attempt to show how one writer was formed," writes King. "Not how one writer was made; I don't believe writers can be made either by circumstances or by self-will..."

The statement above shouldn't discourage you from writing in the least, nor from picking this book up. As King goes on to explain, many people have the talent to write; it's all about the courage to do what it takes to be a phenomenal writer.

Every writer needs a "toolbox" with tools such as vocabulary, grammar, and style, and in the "On Writing" section, King explains the necessity for a place that is yours, or in his words, "A space that is humble, and needing of only one thing: a door which you are willing to shut..." The shutting of the door represents your isolation from the outside world and its distractions. In the last section, we read of the healing power of writing and how it helped King recover from a near-fatal car accident.

Each section reads like it is a novel in itself, but they are all interdependent. This isn't a book where you skip the pages to read what's at the end. It's a powerful vignette that brings the reader to a better understanding of what it is to be a writer. Empowering? Yes. Entertaining? For anyone who picks it up. But if it's all right, I'd like to throw in a few more adjectives just to give everyone a scope of what they'll deal with when flipping the pages of "On Writing": captivating, inspiring, eye-opening, and at the very least, a *must* read for anyone who aspires to write.



## the office

Thursday 8:30/7:30c 8th NBC



## Mary Fran guys line up some group viewing

phillip flores  
staff writer

The fall season is when all of the hit television shows premier or begin a new season and this fall students around campus are getting together to watch these shows on a weekly basis.

In Mary Fran Hall just that is happening with a group of guys on third floor. Seniors Josh Glider, James Johnstone, Collin Hayes, Brandon Running as well as junior Matthew Carlson freshmen Scott Mestan and Ian Hart have

a group TV schedule set up. They get together every Sunday and Monday night to watch football. Tuesdays they watch "Sons of Anarchy" on FX and plan to watch "The Office" and "30 Rock" on NBC when they start. "I can't wait to get everyone in my room for these shows," said Josh "I just got brand new 50 inch plasma TV, so everything will be huge and high definition!" "Sons of Anarchy," just beginning its second season, is a drama with a little dark comedy on the life of a motorcycle club (MC) that takes the law into its own hands so the small town of Charming isn't ruined by the surrounding MC's. Dealing with drug and arms dealers the Sons of Anarchy are known to be the ruthless outlaws that will get justice done faster than the local police so they combine efforts with "Sons" is probably at the top of my list of

favorite shows since I discovered it over the summer and I can't wait to see what crazy things happen this season" said James Johnstone. "It's just so full of action and excitement all of the time."

"The Office" is kicking off its sixth season as a "mockumentary" about Dunder Mifflin. "I



love "The Office" because it is a smart comedy without the need to use vulgarity in its concept to keep the viewers entertained" said Ian Hart "30 Rock," also on NBC, is beginning its fourth season

and is a comedy about the writer of a sketch comedy show and how she has to keep everyone in the studio happy while trying to keep the show on track.

As we all know football season is upon us, and this year looks to be promising for many of the 32 teams fighting for the chance to go to the Super Bowl. The top teams are still at the top, but many underdogs from last year have acquired some players that have the potential to turn their programs around. We will just have to see how the season turns out week after week to see who breaks down and who meshes together to take it all the way.

"I love getting together with the guys to watch football," said Scott Mestan "it's an all-day thing, watching game after game while keeping up with fantasy football and talking smack when we get points."

## Arts Briefs

- Mackin-Mailander tickets are now on sale at the switchboard for \$15 general admission, \$10 for students. The speech will take place Oct. 24 at 7p.m. featuring popular MTV host Dr. Drew Pinsky.

- Don't miss the Clarke Art Faculty Exhibit in the Quigley Gallery. Admission is free. The event, which started on Sept. 15, will end Saturday Oct. 3.
- The Society of Composers Region V Conference will take place Thursday, Oct. 8 through Sunday Oct. 11 in

Jansen Music Hall. The event will feature various composers and guest performers such as world-renowned conductor, Stanley Derusha. For more information visit [www.clarke.edu/artsatclarke](http://www.clarke.edu/artsatclarke).

brenden west  
arts etc. editor

clarke courier



September 25, 2009

## Clarke students 'crack the case'

molly mccormick  
staff writer

Homecoming this weekend is Crack the Case, inspired by the game Clue. The theme began with ideas submitted by Clarke alumni, students, faculty and staff. The Institutional Advancement office and Marketing Department discussed ideas further and came up with a plan based on their top choices.

"We talked a lot about connecting ideas and themes that our alumni would relate to and the Clue game, with the new movie and game. The historic Clue theme has broad appeal," said Katie Bahl, the Director of Alumni Relations. "Next year we plan to have more of a 'Go Clarke' theme, centered around school spirit and school pride. You can expect a lot of blue and gold to be a part of this next year."

Homecoming events stretch from Friday afternoon to Sunday evening. This year Clarke is expecting

finish and working with the Alumni Relations Office. Bahl says she has learned a lot from the planning process.

"Where do I start, things always change from the original plan and you just have to roll with it," said Bahl. "I used to plan festivals and

education department is helping with the Cuttie Camp this year, the Art department organizes the art sale, athletics is assisting with porta potties and the soccer games, the library and archives are doing "inspect the past" with old archival materials in the library, CREATE

is helping with the festivities on the hill by the soccer field, CSA is creating banners to decorate the Atrium, Chemistry... Professor Mary Lou Caffery, BMV; and the BVMs are helping with a Trolley tour to Mt. Carmel.

Few students or alums know that Clarke bases its homecoming dates on Loras home football games. Because so many of Clarke's alums married Loras alums Clarke tries to allow these alums to catch a football game while they are visiting. Another important tie

between Loras and Clarke that still continues is the reunion party, which for the first time since construction on the hotel, will be held back at the Hotel Julien.

Some new things that will be happening

around campus for homecoming include a Trolley Tour for alums with the BMVs to Mount Carmel. Clarke is also trying to make homecoming more family oriented and have more things for children to do. The education department is hosting its first kindergarten through eighth grade Kids Camp on Saturday. The children will do fun science experiments, arts and crafts and games. While the children are enjoying the camp, their parents will be attending the alumni brunch.

An ice cream social, and a carnival will be thrown on Saturday.

Another new thing for homecoming is that the archives will be open and displayed in the Rare Book Room for alums to search through. The focus will be on displaying old photos and other Clarke material from the 1984 class, which is celebrating their 25 year and the 1959 class which is celebrating its 50-year reunion.

Bahl also stressed that homecoming is a year-round process that does not end as soon as the week is over. Right after this year's home-

coming the Alumni Relations Office will be sending out letters for the classes ending in 0 and 5 (next year's reunion years) and making calls to find volunteer class agents.

The class agents are dedicated alums from each reunion year that communicate to their classmates about homecoming. Many of this year's agents hand wrote notes to classmates, sent letters reminiscing about their time at Clarke, gathered photos for the class bulletin boards, and made lots of phone calls to gather them all back for homecoming. "Immediately following homecoming we evaluate it and discuss what worked and what didn't to make next year's homecoming even better," said Bahl.

"Then I begin booking locations, talking to various people about new ideas and garnering support. All this time, I'm in constant contact with our alumni class agents," said Bahl. "I cannot even guess, but this year we have more than 100 students, faculty, staff and alumni assisting with the three days of homecoming events."



photo by Kylee Miller

several hundred alums to return for homecoming. Our oldest alum, who is celebrating her 70th class reunion and is attending homecoming this year, is Lucille Bodensteiner Fanning who is 92-years-old. Fanning graduated in 1939 with a bachelor's degree in social studies and science. She now lives in Maryland.

This was Bahl's first full year planning homecoming from start to

events for downtown Dubuque (Dubuque...and All That Jazz!, Architecture Days, the Downtown Clean-up, The Main Event, etc.) so I've learned you have to be very detail oriented and plan in advance as much as you can, but things will always change along the way. It is also very important to not do everything on your own."

Partnerships are vital to what the Alumni Relations Office does, the

## Swine Flu, continued from page 1

There is a page on the school website devoted to swine flu prevention which is kept updated by health services. <http://www.clarke.edu/page.aspx?id=19801> The Clarke staff is working to learn as much as possible about the flu.

"I participated in an on-line conference yesterday with several other Clarke staff to keep up to date with what is happening on other campuses," said Kate Zanger, vice president for student life. "Carnegie Mellon University in Pittsburgh had an outbreak on campus. Three of their staff shared suggestions for other campuses to consider in preparing for a potential flu outbreak. They stressed the importance of making sure people who are sick stay away from others. It is the only way to stop the spread of the flu on a campus."

Clarke would temporarily close the campus only if ordered to by the department of Health.

clarke courier

CRACK THE CASE  
AT CLARKE COLLEGEDONT PUT SOMEONE  
IN THIS POSITIONSUPPLYING TO MINORS HAS  
MAJOR CONSEQUENCES

my first night in jail

Students who host  
the mostSeptember 25,  
Fall socckylee miller  
assistant editorWomen's Volleyball  
In a midseason, the women's  
program has an overall record of  
and a conference record of  
The team is lead by captains Heather  
Hannah Grow and Keri West.  
The team had a rocky start, but  
our two wins at Loyola University  
and a conference win againstWednesday night.  
"We're doing pretty good so  
far," said Coach JP Jensen. "The team meshes really  
well and we've got good chemistry."Seven new players and two n  
our coaches are helping to drive  
to victory. Assistant Coach JP  
no play for the USC Trojans at  
the girls in proper hiring form.Huneker comes to Clarke after  
the UW-Platteville men's volleyball  
Coach Chris Miron returns to Cfifth season as the women's coach  
The women's spikers only gr  
seniors last year and have not  
"We're young, but it gives us a  
to get to know each other and  
work together," said freshman

Cheer

molly mccormick  
Staff writerOn Sunday after  
the first week of  
school, tryouts  
were held in the back  
court of the gym for the  
new cheerleading team.  
The first tryout was in  
the spring of last year  
in order to have enough  
women for the upcoming  
season."We hope to show  
Clarke staff they haven't  
seen before, and ge  
at the games," said Alyssa  
Daking, the head coach  
of this year's cheerlead  
ing team.The team consists of six  
women, Becca Brown,  
Kacey Enken, Molly  
Enghelous, Jenny Full  
or, Kandi McAllister, Full  
Fawn Till, and AlyssaDaking has big plan  
for this team. Cheerlead  
ing is not a new sport



September 25, 2009

7

## Fall soccer, volleyball, cross country underway

kylee miller  
assistant editor

### Women's Volleyball

In midseason, the women's volleyball program has an overall record of 8-8 and a conference record of 0-3. The team is lead by captains Heather Jansen, Hannah Grow and Keri West.

The team had a rocky start, but pulled out two wins at Loyola University on Friday and a conference win against Waldorf Wednesday night.

"We're doing pretty good so far," said Jansen. "The team meshes really well and we've got good chemistry."

Seven new players and two new assistant coaches are helping to drive the team to victory. Assistant Coach JP Dorn used to play for the USC Trojans and instructs the girls in proper hitting form. Coach Kyle Hunzeker comes to Clarke after a career on the UW-Platteville men's volleyball team. Coach Chris Miron returns to Clarke in his fifth season as the women's coach.

The women's spikers only graduated two seniors last year and have none this year. "We're young, but it gives us a lot of time to get to know each other and learn how to work together," said freshman Mary Collier.



Women's volleyball plays Friday night at UW- Steven's point at 6 p. m.

### Men's Soccer

Men's Soccer won Saturday afternoon vs. Waldorf College with a score of 4-1. This was a good win after the tough fought tie against UD on Wednesday, which went into double over time. The men's record is currently 3-2-2 overall and 1-0-0 in conference.

The team is gearing up for the Gold Out homecoming game vs. William Penn Uni-

versity at 3pm on Sat. 26 which is only their second conference match up.

Junior Matthew Carlson has seven goals to his name and is followed close behind by sophomore Mark Dismang and freshman Matthew Smith who both have six.

This is Coach Sean Esterhuizen's fourth season coaching both the men's and women's soccer teams. The team only sports six upperclassmen this year, but new talent out of the 13 underclassmen proves promising for the next few years.

### Women's Soccer

Both of the women's soccer games went into double over time this past weekend and both resulted in ties, putting their record at 2-3-3. The tie with Waldorf College last Saturday makes them 0-0-1 in conference.

Sporting 24 players, the women's soccer team is by far the largest of the fall sports teams, and one of the most widespread. The team has players from all across the country, including states as far as Arizona, Washington and Utah. International athletes Georgina Reed from Cornwall, England and Maria Vilar from Caracas, Venezuela return to the

team this year.

Sophomore Kelsey Gleich leads the team in goals with six followed by freshman Morgan Sullivan who has four.

The women play first for homecoming on Saturday at 1p.m. vs. William Penn University.

### Cross Country

Sophomore Katie Hemestah placed 22 in the Luther All-American invite on Sept. 12. With five men and seven women Clarke's cross-country team is the largest the sport has ever fielded at Clarke. Last year there were barely enough men to even compete in meets.

Coach Adam Hinders is in his second season coaching both the men's and women's cross country and track and field teams. The women placed 6th in their first meet of the season and the men placed 8th. On Friday Sept. 25, the teams will run at the Augustana Brissman-Lundeen Invite.

## New Cheerleading Team Takes the Court

molly mccormick  
Staff writer

On Sunday after the first week of school, tryouts were held in the back court of the gym for the new cheerleading team. The first tryout was in the spring of last year, in order to have enough women for the upcoming season.

"We hope to show Clarke stuff they haven't seen before, and get more crowd involvement at the games," said Alyssa Dalsing, the head coach of this year's cheerleading team.

The team consists of six women, Becca Brown, Kasey Finken, Molly Fitzgibbons, Jenny Fuller, Roni McAllister, and Faith Till.

Dalsing has big plans for this team. Cheerleading is not a new sport at

Clarke. It was actually a thriving activity two years ago, but after the coach quit mid season, the team slowly diminished.

Jenny Fuller, a junior Spanish education major, was a member of the cheerleading team her freshman year when the coach quit.

"I rejoined cheerleading this year because I really missed it, and when I saw the sign for tryouts, I figured why not try it again," said Fuller.

Coach Dalsing said, "This year I look forward to this team working hard, have good clean stunts. We received new uniforms and some new cheers. I'm very excited to see what they can do and even though we are a small team, we won't let that hold us back."

We should expect to see these cheerleaders performing with the dance team during homecoming week, on the side lines of every boys and girls home basketball game, and even performing at some half time performances.

"I am really excited to watch and cheer for the basketball games this year, I didn't get to watch the teams last year, and see the new coach," said Jenny Fuller.

The cheerleading team practices three times a week for at least two and a half hours. To improve their skills, three of the cheerleaders go to additional tumbling classes during the week. The cheerleader's practice consists of a lot of running, stretching, and

weight lifting. Cheerleaders also practice tumbling, stunting, and their cheers.

Dalsing is expecting a lot from the women. "Practices are tough; we jam in as much in to a practice as we can, and with the other girls attending tumbling classes, I think we will surprise people by how good we are," she said. "Our practices are a constant go, go."

"I have been blessed with a very talented group of girls; I am really excited to show Clarke what we can do," said Dalsing.



## Gentlemen of Clarke Make Their Fantasy Football Picks

aaron rhomberg  
sports editor

It has become one of the fastest growing trends among college students. Fantasy football is a way for individuals to pick athletes from different teams in a sport in order to form the best team.

Steve Dyer, director of student activities at Clarke, has been involved with this form of entertainment for some time. However, this is the first year he is having fantasy football for the Gentlemen of Clarke (GOC). According to Pete Dudek, Gentlemen of Clarke president, the organization was founded as a social group for males.

"The main reason we founded the club was to get males more active on campus; from a statistical standpoint, Clarke's ability to retain male non-athletes is low," he said. "Our goal is to host events that target this group and the greater Clarke community to promote an even greater sense of community."

Pete is also getting deep into the fantasy football league. "The second week of the regular season is starting, so we're not too far in, but there have already been some upsets and trash talk to boot," he said.

For this year's football season, there are 12 GOC members participating in the league. "The guys

and I met and drew names and had a draft like the NFL in the SAC," Dyer said.

Dustin Brown, PT graduate student, is hoping his fantasy team becomes victorious. "This is only my second time in fantasy football," he said. Dustin picked his players based on his favorite team, the Minnesota Vikings. "I had first round pick and of course snatched Adrian Peterson," he said. I also picked up the rest of the Vikings team such as wide receiver, and Viking's defense."

If the league becomes a success, Dyer may try fantasy baseball, basketball, golf, or . As for his team, Dyer has two simple goals: to win and have bragging rights. He also hopes that by starting a fantasy football team he can bring Clarke male students together.

The games will start with the normal NFL season and end a few weeks before the actual playoffs begin. The player whose team defeats the remaining players will be playing not only for bragging rights but respect, as well, and possibly a special prize.

WELCOME  
CRUSADER ALUMS  
HAPPY HOMECOMING



September 25, 2009

## When togas and soccer collide...

### Coaches keep kids active in summer camps

jane jackson  
contributor

The sweat dripped from their brows, but that didn't stop the 26 6-8 year olds dressed in their best Togas for Super Summer Camp at Clarke from June 22 -26.

"With theme days you get the kids excited and pumped up," professional soccer coach David Chatwin

said. "In the heat it's hard to get anyone motivated, so theme days start the excitement for the younger kids."

Two other theme days were Hat Day and Dress Like Your Parents Day.

Chatwin and Clarke coaches Sean Esterhuizen and Andres Leza instructed kids from the Tri-State area.

Chatwin is from Charlton Athletic Youth Academy in England, one of the top youth academies in Europe. Since 2002 Esterhuizen and Chatwin have run the youth summer soccer camps in the Northwest U.S. and have now brought a camp to Dubuque.

"David has an energetic and charismatic style that brings out the best in the kids that participate," said Esterhuizen. "We've been doing this camp for a couple of years now, and David just makes the game of soccer fun."

Chatwin said, "In England we play soccer from the time we walk until we can't walk anymore. We've taught how to pass the ball and what it takes to play. Most of all it is practice, practice, and more practice."

The camp at Clarke was a week long and included passing, shooting, dribbling and defending in a structured, fun environment.

"I like the 7-14 year olds the best," said Chatwin. "I can relate to them and engage them in the game. They are still pretty impressionable at those ages."

"I learned from early on that playing soccer is the best. Then, after sidelining knee injuries, I knew I couldn't give up the game, so I decided to coach. And I love it. I travel all over teaching the game of soccer. I just love the game!"



Clarke summer campers dress up for Toga day

## FRESHMAN PERSPECTIVE

samm mammoser  
staff writer



**Chelsea McKinley**  
Major: Psychology and Social Work  
Most Surprising Fact: All the emails you constantly receive.



**Sarah Gaber**  
Major: Psychology and Drama  
Most Surprising Fact: The good food on campus.



**Mirek Baran**  
Major: Secondary Education  
Most Surprising Fact: How conservative everyone is.



**Ian Hart**  
Major: Athletic Training  
Most Surprising Fact: Everyone is so friendly at Clarke.



**Mattea Meixner**  
Major: Nursing  
Most Surprising Fact: That Clarke is spelled with an "E".

Special thanks to '09 Clarke Alum Matt Adams for his help with this issue.

October 9, 20

campus life



Missing mom and dad?  
Check out our tips.

arts etc.



CREATE hosts musical  
acts

sports



New assistant VB coach  
JP Dorn

weather



High 49 F  
Low 34 F  
30% chance of rain